**5.12. The Rest Convalescent Home, Porthcawl, South Wales, annual admissions, 1878-1938.**

Note: The Rest Convalescent Home was founded in two former cottages at Porthcawl on the south Wales coast by members of the Glamorgan elite in 1862 and underwent numerous improvements and extensions in the years that followed. By the early twentieth century, most colliery companies, trade union lodges and a host of other groups and organisations paid annual subscriptions and received tickets of admission. Such tickets allowed men, women and even children to stay for one or two weeks to recuperate from injury or illness and regain strength and health. Miners, their wives and their children made up the bulk of the patients at the Rest from the late nineteenth century.

|  |  |
| --- | --- |
| Year | Number of patients admitted |
| 1878 | 33 |
| 1879 | 59 |
| 1880 | 85 |
| 1881 | 154 |
| 1882 | 134 |
| 1883 | 176 |
| 1884 | 165 |
| 1885 | 191 |
| 1886 | 184 |
| 1887 | 195 |
| 1888 | 237 |
| 1889 | 345 |
| 1890 | 380 |
| 1891 | 381 |
| 1892 | 425 |
| 1893 | 548 |
| 1894 | 673 |
| 1895 | 736 |
| 1896 | 741 |
| 1897 | 753 |
| 1898 | 738 |
| 1899 | 717 |
| 1900 | 795 |
| 1901 | 961 |
| 1902 | 983 |
| 1903 | 1,022 |
| 1904 | 1,095 |
| 1905 | 1,171 |
| 1906 | 1,283 |
| 1907 | 1,371 |
| 1908 | 1,335 |
| 1909 | 1,361 |
| 1910 | 1,728 |
| 1911 | 1,947 |
| 1912 | 2,090 |
| 1913 | 2,379 |
| 1914 + | 2,493 |
| 1915 | 2,035 |
| 1916 \* | 883 |
| 1917 \* | 1,192 |
| 1918 \* | 1,312 |
| 1919 | 2,028 |
| 1920 | 2,080 |
| 1921 | 2,161 |
| 1922 | 2,261 |
| 1923 | 2,767 |
| 1924 | 2,822 |
| 1925 | 3,131 |
| 1926 | 2,925 |
| 1927 | 2,973 |
| 1928 | 3,031 |
| 1929 | 3,424 |
| 1930 | 3,208 |
| 1931 | 2,925 |
| 1932 | 2,933 |
| 1933 | 3,088 |
| 1934 | 3,031 |
| 1935 | 3,028 |
| 1936 | 3,212 |
| 1937 | 3,247 |
| 1938 | 3,156 |

+ Southerndown Rest opened in 1914

\* Southerndown Rest only available; Porthcawl Rest being used as military hospital

Source: The Rest Convalescent Home, Porthcawl, Annual Reports, 1862-1970.